

Cricket is a sport that requires a number of components of fitness.

Evaluate the relative importance of co-ordination and agility in cricket. (6)



A series of horizontal lines for writing the evaluation of co-ordination and agility in cricket. There are 18 lines in total, starting from the first line below the question and extending down to the bottom of the page.

The PE Classroom:

Video:

Don't know a lot about cricket? Think about how agility and coordination are used in this match.



The PE Classroom:

Exam Tip:

You should always include a brief conclusion in your 6 & 9 mark answers.