

Bonus Question – What is going to happen at the following joints one second later?

Right Shoulder –

Right Elbow -

Left Shoulder -

Ankles -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -



Bonus Question – What is going to happen at the following joints one second later?

Right Shoulder –

Right Ankle -

Right Hip -

Right Knee -

Muscle Action –
Muscle Contracting –
Muscle Relaxing -

Muscle Action –
Muscle Contracting –
Muscle Relaxing -

Muscle Action –
Muscle Contracting –
Muscle Relaxing -



Muscle Action –
Muscle Contracting –
Muscle Relaxing -

Muscle Action –
Muscle Contracting –
Muscle Relaxing -

Bonus Question – What is going to happen at the following joints one second later?

Left Ankle –

Right Shoulder -

Left Elbow -

Left Knee -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -

Muscle Action –

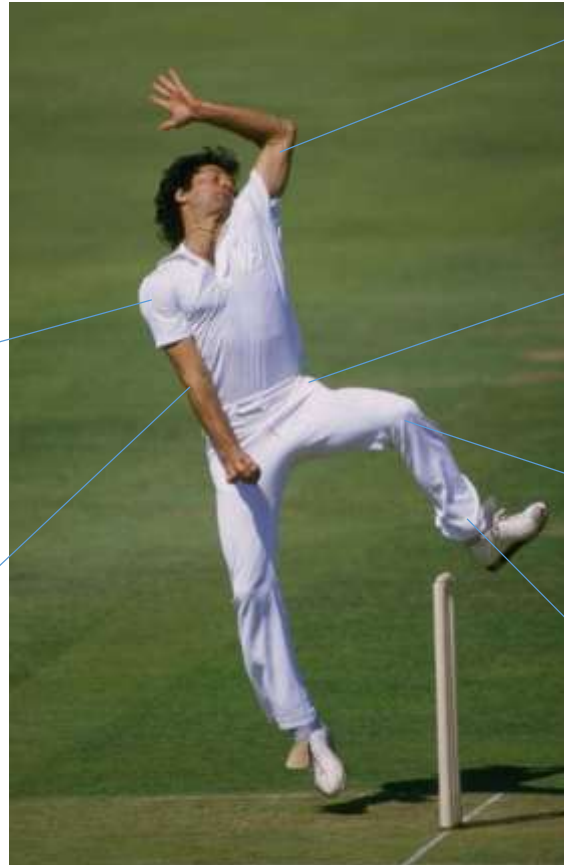
Muscle Contracting –

Muscle Relaxing -

Muscle Action –

Muscle Contracting –

Muscle Relaxing -



Muscle Action –
Muscle Contracting –
Muscle Relaxing -

Muscle Action –
Muscle Contracting –
Muscle Relaxing -

Muscle Action –
Muscle Contracting –
Muscle Relaxing -

Muscle Action –
Muscle Contracting –
Muscle Relaxing -



Muscle Action –
Muscle Contracting –
Muscle Relaxing -

Bonus Question – What is going to happen at the following joints one second later?

Right Hip –

Left Shoulder –

Right Elbow -

Left Knee -