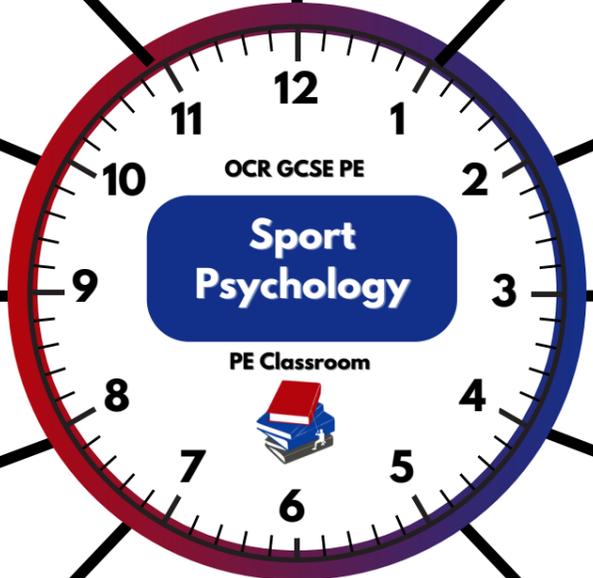


Visual Guidance

Manual Guidance

Mechanical Guidance

Verbal Guidance



Sport Psychology

OCR GCSE PE

PE Classroom



Goal Setting/
SMART Targets

Skilful Movement

Mental Preparation

Skill Classification
(Simple/_____)

Intrinsic/Extrinsic
Feedback

Knowledge of
Performance/Results Feedback

Positive/Negative Feedback

Skill Classification
(_____/Closed)