

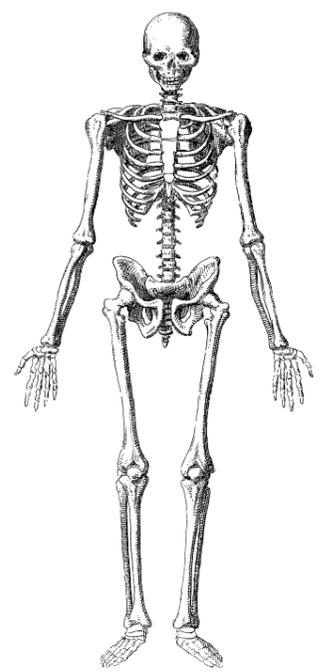
**Movement at Joints**

**Classification of Bones**

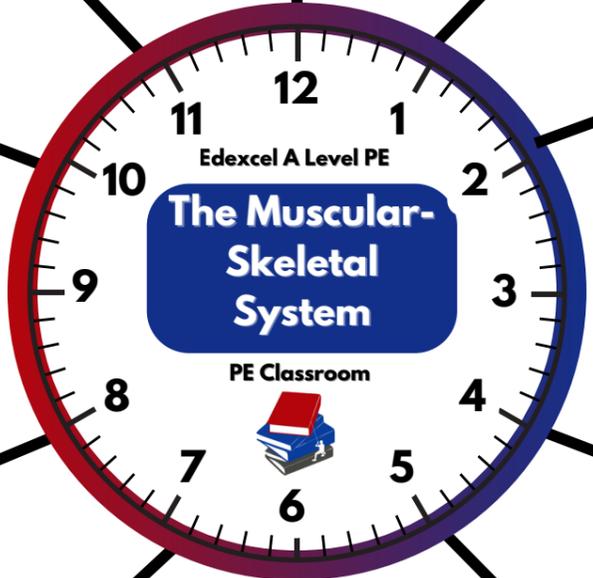
**Newton's Laws**

**Types of Joints**

**Structure of the Skeleton**



**Muscles of the Body**



**Antagonistic Pairs**

**How the Muscular-skeletal System responds to Warm Ups**

**Stretch-Shortening Cycle**

**Lever Systems**