

Edexcel A-Level PE - Overview Sheet

Paper 1

40%

Paper 2

30%

Practical

15%

Coursework

15%

Theory/Exam

Paper 1 - Scientific Principles of Physical Education

The paper is split into Section A, and B. Each section is worth 35 marks with one extended-answer question.



Section A: Applied Anatomy and Physiology

Section B: Exercise physiology and applied movement analysis.

(Biomechanics is embedded within the content of Topics 1 and 2)

2hrs 30 mins. 140 marks total.

Theory/Exam

Paper 2 - Psychological and Social Principles of Physical Education

The paper is split into Section A and B. Each section is worth 35 marks with two extended-answer questions.

Section A: : Skill Acquisition & Sports Psychology

Section B: Sport and Society

2 hours. 105 marks total.



Practical/Coursework

Part 1 - Performance Assessment (Practical Performance)

You will be assessed in one activity as a player/coach on your technical execution of relevant skills and application of strategies/tactics within the sport.

40 marks.



Part 2 - Performance Analysis Assessment (Analysis & Evaluation)

In the role of player/coach, analyse two components of a physical activity.

In the role of player/coach, analyse, implement and evaluate a Performance Development Programme.

40 marks.

80 marks total.