



Injuries in Sport

Last week, the big fight between Mike Tyson and Jake Paul took place to find the ultimate heavyweight champion of the ring. However, during sports like boxing, both minor and serious injuries can occur.



Identify 2 intrinsic and 2 extrinsic factors that influence the risk of injury during a boxing match.

Explain how an intrinsic and a extrinsic factor can influence the risk of injury in Boxing.

Identify 2 injuries and explain how they could occur during a boxing match.