



The Super Bowl

The Super Bowl is the final of the National Football League of the USA (NFL) and is the most watched TV event in the world. It took place on Sunday, with Kansas City Chiefs taking the victory for the third time in five years!



What components of fitness are important for American Football?

The Chiefs Quarterback Patrick Mahomes is only 28 and already considered one of the best Quarterbacks in NFL history.

Discuss the importance of role models like Mahomes in the NFL.

The NFL saw an increase in interest from younger demographics this year due to Taylor Swift attending games to support player Travis Kelce.

Discuss whether type of media attention is a good thing for sport and its supporters.