



# Sports Personality Starter Resource

The images below show the 6 shortlisted candidates for BBC Sports Personality of the year.

- Name each of the athletes
- Name the sport that they take part in
- Describe their achievements in the last 12 months
  - Describe the 2 most important components of fitness for each performer
- Explain which performer should come away with the award



Don't know the answers? Get researching!

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