



Rugby League Starter Resource

St Helens beat Leeds at Old Trafford to win their fourth consecutive Rugby League Grand Final. Leeds Rhinos beat York to take the WSL title.



Rugby League and Rugby Union are both popular sports in the UK. Use the descriptors below to decide which sport you would be most suited to.

Rugby League

13 Players per team

Constantly played at a fast pace

Season runs from Feb-Sept

No lineouts, rucks or mauls

Most popular in the North of England

Rugby Union

15 Players per team

Pace of the game varies

Season runs from Sept-May

More emphasis on scrums/lineouts/rucks

Popular in different areas of the UK