



# Rugby League Starter Resource

**St Helens beat Leeds at Old Trafford to win their fourth consecutive Rugby League Grand Final. Leeds Rhinos beat York to take the WSL title.**



**Rugby League and Rugby Union are both popular sports in the UK. Use the descriptors below to decide which sport you would be most suited to.**

## Rugby League

**13 Players per team**

**Constantly played at a fast pace**

**Season runs from Feb-Sept**

**No lineouts, rucks or mauls**

**Most popular in the North of England**

## Rugby Union

**15 Players per team**

**Pace of the game varies**

**Season runs from Sept-May**

**More emphasis on scrums/lineouts/rucks**

**Popular in different areas of the UK**