



Role Model Starter Resource

The images below show some of the people/organisations who may have inspired you to take part in sport.



Parents



Teachers



Friends



Siblings



Media

Think about three different sports/activities that you have participated in over the past 12 months.

Who inspired you to first take part in these sports/activities?

Do you choose to regularly take part in these sports? Why?

Who made access to this sport possible? (e.g. who provided transport?)

Is there an elite performer that influences your participation/performance?

Who helps you to improve in each sport/physical activity?