



Participation Statistics Starter Resource

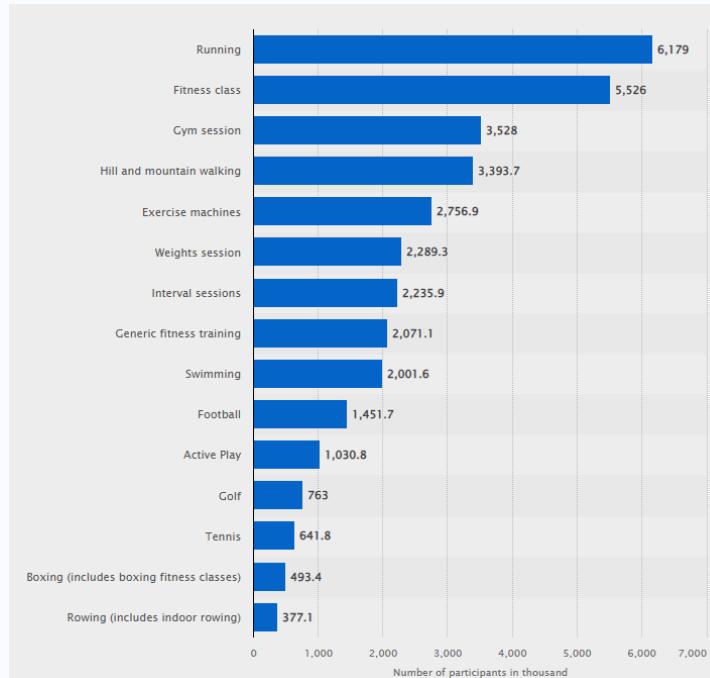
The graph below shows the most popular sports in the UK in terms of participation numbers.



Running is the most popular sport in the UK



Fitness classes and weights sessions are popular activities



Football is the most popular team sport on the list



Other team sports such as netball, cricket and rugby do not make this list

Why do you think that running, gym classes and fitness training are the most popular forms of sport/exercise in the UK?

How do you think this list would change if it was just looking at those between the age 14-16?

The UK government would like to get more team sports on this list? Come up with some ideas of what could be done to increase the popularity of team sports in the UK.