



Man City v Arsenal Starter Resource

It is the final week of the Premier League - the highest level of the men's English football system, and the winner is still to be decided between Arsenal and Manchester City.

Manchester City had one more game this week than Arsenal.

Analyse how this variation in schedule might impact their physical and mental preparation for Sunday.



The Arsenal and Manchester City players will be motivated by the chance to lift the Premier League trophy.

For teams no longer in the title race, what factors will drive motivation to perform on Sunday?

Extension Activity: Have you ever been in a competitive situation that went down to the wire? Describe the scenario and share your feelings leading up to, during, and after the event.