



# Man City v Arsenal Starter Resource

**It is the final week of the Premier League - the highest level of the men's English football system, and the winner is still to be decided between Arsenal and Manchester City.**

**Manchester City had one more game this week than Arsenal.**

**Analyse how this variation in schedule might impact their physical and mental preparation for Sunday.**



**The Arsenal and Manchester City players will be motivated by the chance to lift the Premier League trophy.**

**For teams no longer in the title race, what factors will drive motivation to perform on Sunday?**

**Extension Activity: Have you ever been in a competitive situation that went down to the wire? Describe the scenario and share your feelings leading up to, during, and after the event.**