

Edexcel GCSE PE - Overview Sheet

Theory

60%

Practical

30%

Coursework

10%

Theory/Exam

Paper 1 - Fitness and Body Systems

**Applied anatomy and physiology
Movement analysis
Physical training
Use of data**

**1 hour 30 minutes.
80 Marks.**



Paper 2 - Health and Performance

**Health, fitness and wellbeing
Sport psychology
Socio-cultural influences
Use of data**

**1 hour 15 minutes.
60 Marks.**

Practical

3 Activities: 1 Team activity, 1 Individual activity, 1 either team or individual activity.

**Skills & Progressive Drills - 10 marks per activity
Competition/Match/Full Context - 25 marks per activity.**

105 marks total.



Coursework

A written analysis and evaluation of performance to bring about improvement in one activity. 20 marks total.

