



Dealing with Defeat

Defeat in sport can be difficult to take for both performers and fans.



England lose to France in the quarter final of the World Cup



Great Britain lose to Australia in the semi-final of the Billie Jean Cup



England are defeated by New Zealand in the final of the Rugby World Cup



Australia retain the Ashes by beating England 4-0

After picking two of the defeats shown above, have a go at answering the following questions:

What were the reasons for defeat? Use the words below to help with your answer.

Performance

Officials

Luck

Preparation

Ability

Desire

Which of the following should be implemented to give a greater chance of victory in the future?

Change in Management

Change in Tactics

Change in Motivation

Change in Training Programme

Change in Attitude

Change in Players