

AQA GCSE PE - Overview Sheet

Theory
60%

Practical
30%

Coursework
10%

Theory/Exam

Paper 1 - The Human Body & Movement in Physical Activity & Sport

**Applied Anatomy & Physiology
Movement Analysis
Physical Training
Use of Data**

**1 hour 15 minutes.
78 Marks.**



Paper 2 - Socio-cultural influences and well-being in physical activity & sport

**Sports Psychology
Socio-cultural influences
Health, fitness & well-being
Use of data**

**1 hour 15 minutes.
78 Marks.**

Practical

3 Activities: 1 Team activity, 1 Individual activity, 1 either team or individual activity.

**Skills & Progressive Drills - 10 marks per activity
Competition/Match/Full Context - 15 marks per activity.**

75 marks total.



Coursework

A written analysis and evaluation of performance to bring about improvement in one activity. 25 marks total.

