



# Is it a Sport?

The images below show six different pastimes.



Which of these pastimes would you classify as 'sport'? Why? Compare your answers with other members of your class.

'A sport is any activity which requires skill and strategy?' Do you agree or disagree with this statement?



'If heart rate doesn't increase then it isn't a sport'. Do you agree or disagree with this statement?

## Extension Activity

Come up with your own definition of 'sport'.