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The Cardiovascular System

## **ANSWERS**

Name \_\_\_\_\_

Class \_\_\_\_\_



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A LEVEL OCR PAPER 1

1. Draw a line from each type of receptor to its role description.

Receptor

Chemoreceptors

**Baroreceptors** 

**Proprioceptors** 

Role

Detect change in blood pressure

Detect change in muscle movement

Detect change in blood acidity

(3)

- 2. Which of the following shows the correct order that is followed by the conduction system of the heart? (1)
- A) Purkyne Fibres, Bundle of HIS, SA Node, AV Node
- B) AV Node, SA Node, Bundle of HIS, Purkyne Fibres
- C) AV Node, SA Node, Purkyne Fibres, Bundle of HIS
- D) SA Node, AV Node, Bundle of HIS, Purkyne Fibres
- 3. **Starling's Law** outlines that during exercise there will be an increase in stroke volume? Explain the factors leading to this increase in stroke volume? (3)

Mark One – An increase in venous return

Mark Two – Results in increased diastolic filling of the heart

Mark Three - Cardiac Muscle/Wall is stretched

Other Possible Marks – Therefore there is a more powerful contraction/increased ejection fraction

4. Define the term 'stroke volume' and give a typical resting value for a trained individual. (2 marks)

Mark One - Stroke volume is the amount of blood pumped out of the heart / ventricles / left ventricle per beat

Mark Two - Any value within the range: 80 – 120ml

5. Describe four mechanisms of venous return that maintain blood flow back to the heart. (4 marks)

## Four marks from:

- (Pocket) valves (one-way valves) that prevent backflow of blood
- Muscle/ skeletal pump skeletal muscles contract squeezing veins
- Smooth muscle in walls of veins contracts / venoconstriction
- Respiratory pump pressure differences in thoracic to abdominal cavity during breathing
- Gravity helps blood from above heart return to heart

6. Describe the specific process of vascular shunting during a football match, referring to the capillaries, receptors and vasomotor. **(5 marks)** 

Mark One - An increase in carbon dioxide and lactic acid is detected by chemoreceptors

Mark Two - Chemoreceptors stimulate the vasomotor

Mark Three - Vasomotor signals for redistribution of blood flow

Mark Four - Vasodilation occurs around quads/hamstrings or Vasoconstriction occurs around the stomach

Mark Five - As the pre-capillary sphincters adjust blood flow into the capillaries