

## Planes & Axes Questions

1. The image below shows a cartwheel being performed. Identify the plane and axis about which a cartwheel takes place. **(2 marks)**



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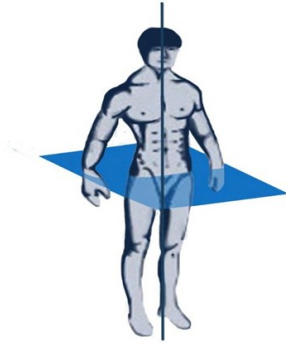
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2. The image below shows a runner. What plane of movement does running take place within? **(1 mark)**



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3. Identify the plane and axis shown in the image below. Give an example of a sporting action used within this plane and axis. **(3 Marks)**

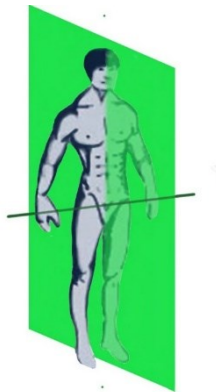


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4. Identify the plane and axis shown in the image below. Give an example of a sporting action used within this plane and axis. **(3 Marks)**



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